

Trauma Sensitivity Within A Multi Tiered System of Supports

- ✓ **Wrap around / Person Centered Planning**
- ✓ **Family Conferencing**
- ✓ **Positive Re Entry Practices**
- ✓ **Clinical Trauma Training for Providers**

Tier 3 Level Support:

- ✓ **De Escalation Training for Select Staff**
- ✓ **Small group Counseling/ Groups**
- ✓ **Parent Meeting and Collaborative Planning**
- ✓ **Alternatives to Suspension**
- ✓ **Co Teaching**
- ✓ **Parent/Caregiver Education**
- ✓ **Motivational Interviewing**
- ✓ **Cognitive Behavior Intervention for Trauma in Schools (CBITS)**
- ✓ **Classroom Consultation and Coaching**
- ✓ **Community Based Referrals**

Tier 2 Level Support:

- ✓ **Staff Training: social, emotional, mental health**
- ✓ **Adult modeling of Emotional Regulation/ Co regulation**
- ✓ **Instructive, Restorative and Reflective Discipline Policies**
- ✓ **Calm zones throughout the school and in classrooms**
- ✓ **Bully Prevention Awareness, Policy and Reporting**
- ✓ **Suicide Prevention Policy**
- ✓ **Mindfulness and Use of Brain Breaks in Classrooms**
- ✓ **Focus on School Connectedness- Small Learning Communities, Academic Engagement, Student Clubs, Family Engagement**
- ✓ **Predictable Routines**
- ✓ **Culturally Responsive Curricula throughout the school year**

Tier 1 Level Support